

**Life Group Notes & Discussion Guide, July 13th, 2025**

Series: **“Freedom in Christ”**

Message: **“Freedom from the Bondage of Sin”**

Sermon Text: **Romans 6:15-23**; Old Testament Text: **Psalms 146:1-10**; New Testament Text: **Galatians 5:1, 13-15**. Read **Romans 6:15-23** as you listen to the sermon, then answer the questions below.

1. Read **Romans 6:15**. Why would Paul ask this question: *“Are we to sin because we are not under law but under grace?”*

2. Read **Romans 6:16**. Have you ever considered yourself an *obedient slave to righteousness*?

3. How might thinking of ourselves as an obedient slave of Christ help us to better resist temptation and live as Christ would have us live?

3. Read **Romans 6:17-18**. How is it possible to go from being a slave to sin to being a slave to righteousness?

4. Read **Romans 6:19**. Why does it seem wrong to call a follower of Christ a *slave to righteousness*?

5. What must we do to accomplish the things Paul is talking about in this verse?

6. **Romans 6:20** in the NIV says: *When you were slaves to sin, you were free from the control of righteousness*. What do you think Paul means by *the control of righteousness*?

7. Read **Roman 6:21**. What is the fruit of leading a sinful, unrepentant life?

8. Read **Romans 6:22**. What is the fruit of being a slave for Christ?

9. Read **Romans 6:23**. Who is *God's free gift*?

10. What happens in our lives when we accept that gift?

11. What will you remember most from this message?

### **Discussion Guide for Your Life Group Meeting**

- I. At your Life Group meeting, first read **Psalm 146:1-10** aloud. It can be helpful to have several people each read one verse from their Bible. This helps people feel involved and can also introduce some interesting discussion if several translations are used. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
  1. In **Psalm 146:1**, the psalmist says, ***“Praise the Lord! Praise the Lord, O my soul!”*** For what sorts of things, if any, are you praising the Lord?
  2. In **Psalm 146:2**, the psalmist says, ***“I will praise the Lord as long as I live; I will sing praises to my God while I have my being.”*** Though we will definitely praise the Lord in heaven, what does the psalmist make abundantly clear that we should be doing while on this earth?
  3. According to **Psalm 146:3-4**, why should we not put our trust in human leaders?
  4. According to **Psalm 146:5**, in whom should we find our help and our hope?
  5. **Verses 6-10** tell us of the many reasons we can trust in the Lord. Going verse by verse, list the things God does and then discuss why these are so meaningful.
- II. Next read **Galatians 5:1, 13-15**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
  1. According to **Gal. 5:1**, for what has Christ set us free?
  2. According to that same verse, what must we do to ensure that we continue to walk in freedom?
  3. According to **Gal. 5:13**, what must we always be careful to do out of our freedom?
  4. According to **Gal. 5:14**, how does Paul say the whole law is fulfilled?
  5. In **Gal. 5:15**, what do you think Paul is talking about when he says, ***“if you bite and devour one another?”***
- III. Read **Romans 6:15-23**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
  1. Read **Romans 6:15**. Why would Paul ask this question: ***“Are we to sin because we are not under law but under grace?”***
  2. Read **Romans 6:16**. Have you ever considered yourself an ***obedient slave to righteousness?***
  3. How might thinking of ourselves as an obedient slave of Christ help us to better resist temptation and live as Christ would have us live?
  4. Read **Romans 6:17-18**. How is it possible to go from being a slave to sin to being a slave to righteousness?
  5. Read **Romans 6:19**. Why does it seem wrong to call a follower of Christ a ***slave to righteousness?***
  6. What must we do to accomplish the things Paul is talking about in this verse?

7. **Romans 6:20** in the NIV says: *When you were slaves to sin, you were free from the control of righteousness.* What do you think Paul means by *the control of righteousness*?
8. Read **Roman 6:21**. What is the fruit of leading a sinful, unrepentant life?
9. Read **Romans 6:22**. What is the fruit of being a slave for Christ?
10. Read **Romans 6:23**. Who is *God's free gift*?
11. What happens in our lives when we accept that gift?